

Continuing Education

- CranioSacral Therapy 1: Assessment of Central Nervous System and Fascia for full body treatment protocol. April 2024.
The Berry Method of Manual Lymphatic Drainage- 8 CE hours - Lynn Van Norman. March 2024.
Plastic Surgery Recovery & fibrosis massage, 4 CE hours, Kathleen Lisson, Dec, 2023.
Manual Lymphatic Drainage Certification Fundamentals & Advanced. 32 CE contact hours-LMT Success Group, Dec, 2023.
Axillary Web Syndrome. 3.5 CE hours- Klose Training, Nov, 2023.
Oncology Massage & Skin Care for cancer patients Certification. 32 CE contact hours-Greet The Day Training, Johnnette Du Rand, Oct, 2023.
The Spurgeon Method of Breast Massage Basic & Advance Certification. 16 CE contact hours-Sally Spurgeon, Oct, 2023.
Certificate of Completion in Ethics, Legal Issues & Risk Management Strategies in the Practice of Energy Healing Methods- Midge Murphy JD, PhD Energy Healing, LLC. Professional Liability Consultant, Oct, 2023.
B.E.S.T Practitioner Review Training- Dr. Sue Morter, Jun, 2023.
The Quantum Biology of Trauma Course by Dr Catherine Clinton NC, 2023.
Tameana Crystal Energy Healing practitioner training, 5 days, taught by Juan Manuel Giordano, Tamena virtual, 2023.
John Barnes Myofascial Release I Seminar 20 CE contact hours, July, 2023.
John Barnes Myofascial Cervical- Thoracic Seminar 20 CE contact hours- July, 2023.
John Barnes Myofascial Release I Seminar 20 CE contact hours, Jun, 2022.
Jin Shin Jyutsu 5 Days Basic Seminar- Jin Shin Jyutsu Spirit Mind Body, 18 hrs, August 2022.
Jin Shin Jyutsu & Fascia- Jin Shin Jyutsu Spirit Mind Body, Sep, 2022.
Bio-energy Synchronization Technique Practitioner Training Certification. 3 days, Dr. Sue Morter, Morter Institute, Jun 2022.
Medical Intuitive Practitioner training, 1 year, Wendie Colter-The Practical Path, 2021, 2022.
Jin Shin Jyutsu The Healing Mudras 4h with Kelly Mount- Jin Shin Jyutsu Spirit, Mind Body, 2022.
Remote B.E.S.T Transmission and Training Certification 16 hrs- Dr Sue Morter, 2022.
Introduction to Remote Healing- Dr. Sue Morter.
Remote Viewing Masterclass, 8 hrs with Angela T. Smith- Mindwise Consulting, April, 2022.
Start Magic Energy Healing Facilitator Training, 5 days- Start Magic. Jerry Sargeant, Jan, 2022.
Herbs for Fascia, Tension and Pain-Matthew Wood Institute of Herbalist, Dec, 2021.
Jin Shin Jyutsu 5 Days Basic Semin Jin Shin Jyutsu Spirit Mind & Body, 18 hrs, Mar, 2021
Advanced Secrets of Frequency Medicine, Sonic Science & Cymatics-John Stuart Reid, 2021.
Jin Shin Jyutsu Self Care 3 days, Sara Harper- Jin Shin Jyutsu Spirit Mind Body, 2021.
John Barnes Myofascial Release Healing Seminar 20 hrs, Sedona AZ, 2021.
Lynne McTaggart Intention Master course, Class of 2021. 1 year.
Awakening The Illuminated Heart Workshop, 2 days- School of Remembering of Drunvalo Melchizedek. Taught by Viola Rose.
The Silva Ultramind Method of Mental Control Certificate 2 months. Mindvalley School 2021.
Reconnective Healing Energy Healing Facilitator Training Level 1, 3 days- Dr Eric Pearl, 2020.
Manual Lymphatic Drainage Certification Vodder Method, 45 CE hours- AllSkin Institute, Lima, Perú, 2007.
Thai Massage Certification, 30 CE contact hours- Chiang Mai Thai Massage School, Thailand, 2006.
Peeling facial con ácidos naturales Training, 40 CE hours. Allenit Aesthetic School. Lima, Perú, 2006.
Reiki I, II, III Level Facilitator Training-Centro Holístico De Desarrollo Humano, Lima, Perú, 2006.
Cellulitis Theory & Practice-Hospital Ramos Mejia, 19 contact hours. Dermatology Department. Bs, Argentina, 2005.
Dermato Cosmiatria Advance-Hospital Ramos Mejia, Dermatology Department, 19 CE contact hours. Bs, Argentina, 2005.
Ito Thermie- Japanese Method, 8 CE hours. Scientific International Congress of Esthetics, Bs, Argentina, 2004.
Reflexology I, II- Moving Zen Holistic Center, Lima, Perú. 2004.
Aromatherapy I, II- Moving Zen Holistic Center, Lima, Perú, 2003.
10 days Retreat Vipassana Buddhist Meditation as taught by S.N Goenka. Dhamma Suriya Center. Perú. 2003.
Certified Muay Thai trainer by Peruvian National Association of Muay Thai- Kick Boxing. Lima, Perú, 2005.
Certified fitness trainer kickboxing modality " Cardio Combat" by Instituto de Investigación y Desarrollo del Deporte. Lima, Perú, 2005.

Currently learning:

- Certified Ayurveda Practitioner, by Yogamu LLC India Oct 2023-present.
Doctor of Philosophy Ph.D., specialty Holistic Life
Counseling. University of Metaphysical/U. Sedona Dec 2022-present.
Qigong & Tai Chi taught by Violet Li, 12th Generation Chen Inheritor & disciple of Grandmaster Chen Zhenglei, 2021- present.

